



**EDUCATION.  
FOOD. SUPPORT.**

**YOU  
GOT  
THIS.**

**REQUEST AN APPOINTMENT  
OR LEARN MORE**



**Follow us for recipes, nutrition & breastfeeding info, & more!**

## What is WIC?

- Free nutrition and breastfeeding program
- Experts in nutrition for pregnancy, breastfeeding, infants, toddlers, and preschoolers
- Personalized nutrition tips and support for parents and caregivers
- Breastfeeding information, support, and resources
- Referrals to other community resources
- Healthy foods

## Who is WIC for?

- Pregnancy
- Breastfeeding
- Those whose pregnancy ended within the last 6 months
- Primary caregivers of infants and children under the age of 5



## WIC is Better than Ever!

- Skip the trip! Attend some of your appointments over the phone, through video chat, or online through our Facebook, Instagram, or our WIC Resource Website
- EzWIC app & eWIC card make shopping and tracking benefits easier
- Request appointments and submit WIC documents online 24/7

rev 07/23



# What Do I Need to Apply for WIC?

- **A form of identification (for each person applying)**  
—like a photo ID, birth certificate, or immunization record
- **Proof of address**—like a current state ID or utility bill
- **Proof of income**—like the last 30 days of pay stubs or a letter from AHCCCS, SNAP, TANF, or Section 8 housing
- **Recent height/length, weight, and hemoglobin** from medical provider OR you can come to our clinic for your appointment

# WIC Income Guidelines

(Effective April 2023)

Family Size	Monthly	Yearly
2	\$3,041	\$36,482
3	\$3,833	\$45,991
4	\$4,625	\$55,500
5	\$5,418	\$65,009
6	\$6,210	\$74,518

- Amounts based on income before deductions
- Those with SNAP, TANF, or AHCCCS automatically qualify, but you don't need to have these services to have WIC
- If you are pregnant, the unborn baby is counted as a family member



**REQUEST AN APPOINTMENT**  
**MARICOPAWIC.COM or 602.506.9333**

## How Do I Find WIC?

### North & West

#### Constitution Elementary

18440 N. 15th Ave.  
Phoenix, AZ 85023  
(15th Ave. & Union Hills)

#### Cotton Crossing

8088 W. Whitney Dr.  
Peoria, AZ 85345  
(83rd Ave./Cotton Crossing & Grand)

#### Glendale

5141 W. Lamar Rd.  
Glendale, AZ 85301  
(51st Ave. & Lamar)

#### Golden Gate

1625 N. 39th Ave.  
Phoenix, AZ 85009  
(McDowell & 39th Ave.)

#### Maryvale

6850 W. Indian School Rd.  
Phoenix, AZ 85033  
(67th Ave. & Indian School)

### East

#### 48th Street

2737 W. Southern Ave.,  
Ste. 10  
Tempe, AZ 85282  
(48th St. & Southern)

#### Broadway

635 E. Broadway Rd.  
Mesa, AZ 85204  
(Broadway & Olive)

#### Chandler

3002 N. Arizona Ave., #13  
Chandler, AZ 85225  
(Arizona & Elliot)

#### Chandler CARE

777 E. Galveston St.  
Chandler, AZ 85225  
(McQueen & Galveston)

#### WIC@Baywood

6641 E. Baywood Ave.,  
Bld. C1 & C2  
Mesa, AZ 85206  
(Baywood & Power)

#### Gilbert

132 W. Bruce Ave.  
Gilbert, AZ 85233  
(Elliot & Gilbert)

#### Paiute

6535 E. Osborn Rd.  
Scottsdale, AZ 85251  
(64th St. & Osborn)

### Central

#### Downtown

1645 E. Roosevelt St.  
Phoenix, AZ 85006  
(16th St. & Roosevelt)

#### St. Mary's

3003 W. Thomas Rd.  
Phoenix, AZ 85017  
(31st Ave. & Thomas)

#### Uptown WIC@Hope

5757 N. Central Ave.  
Phoenix, AZ 85012  
(Central & Bethany Home)  
Inside Hope Center in Bld B



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